

Canoe NEW YEAR ISSUE PRICE 80p

SURVIVALOM

INCORPORATING **FEEDBACK**



Paul McConkey
World Team Champion 1983

In Memory of Paul Lionel McConkey

— a tribute to a friend

Everybody liked Conk, he was big, strong and cuddly with a warm heart. He used to give me bear hugs when we hadn't seen each other for a while.

We did a lot of things together at the Club in Stone: paddling on the Trent, isokinetic sessions, circuits, running and the odd game of squash. He was the best person in the world to train with, he gave off lots of energy huffing and puffing, cursing and swearing. It was always 100% from the start with Conk, he would set off like a steam train with enormous power and the only way to follow was at a safe distance.

No doubt about it, he was a great club man, a hot shot racer in his time and one of the boys. He was also someone who would miss a session to fix up floodlights, light fireworks on bonfire night and throw people in the river at the New Year's Day race. When there was fun and action Conk was there and part of it. We all shared his success at the World Championships in Merano. The gold medal he won in the team event belonged to everyone at Stafford and Stone Canoe Club. Conk was the local hero and a big banner was put up outside his house to welcome the champion home.

The joy and disbelief of winning a gold medal was certainly the high point of his great paddling career. The early days saw Conk in a blue olymp V and more recently he was seen with Bill Berrisford in a C2 submarine which they steered down the course at Cardington and again at Nottingham to help Stafford and Stone become National Club Champions.

Even as he began to lose his edge as an individual competitor he could still hold it together for a good team race. McConkey, Fox and Berwick kept the youngsters at bay for quite a while in the National Team Championships. We had a great trophy to share for winning that, the Wilkinson Sword, and as far as I can remember it always held pride of place on Conk's wall — He deserved it. His experience, understanding and feeling for technical movements also made him a valuable coach to the National Mens Kayak Team.

Outside of paddling he was a big kid at heart, often miles away in a dream world of fighter planes, science fiction movies and racing cars. He could spend hours totally immersed playing with windsurfers, computers, cameras and even kids with their own toys. He was very physical too. It was always Conk who fixed the isokinetic machines and made the benches and roofrack uprights. He was like a dad for me in that respect; Had I a problem — Conk could fix it.

But the quality which stands out most in my mind about Conk was his appreciation of something

very simple. I remember we were travelling back from Scotland after an event and we stopped at a service station by a lake. I started to doze off in the spring sunshine while Conk was watching seagulls, fascinated by the way they swooped and carved through the air, effortlessly using the airstream like a great paddler uses the water. I had never paid any attention to seagulls before that day, and it seems strange now, but I always think of Conk when I see a seagull playing with the wind.

Richard Fox.

I am aware how privileged I was to have shared, so closely, the past six and a half years of Paul's sadly shortened life. This feeling has been constantly re-affirmed since his tragic death by the very many wonderful tributes paid to him, an example of which is here for you to share with me.

Dear Karen,

We've never met, but I was a friend of your husband and deeply shocked and saddened to hear of his death.

I've never said this to anyone before, but Paul was special to me in a private way. Essentially, he was a personification of the ideal that persistence pays off and that nice guys CAN win.

I met Paul for the first time in 1981, in Stone where I visited following the Bala World Championships. We were in the pub near the training course. There were other paddlers there, some of them quite vociferous about how they were going to win the Worlds and everything. Paul, by contrast, didn't say much. But I could tell from the way he was watching me that he was extraordinarily keen to get in the British team and do well in the Worlds — and that he would probably actually do the work and make it.

I followed his career, although he never would have known about my interest. I saw that he was in the team in '82. I was kept informed about his progress thereafter through Richard Fox and Marty McCormick, one of my charges who trained in England with Rich and Paul in late 1982. I wasn't surprised to see him in the team for '83. And then most meaningful to me, I saw how at the last minute he was moved up from fourth boat into the team race — and won the Worlds. It was a fairy tale, and it left a deep impression on me.

I sort of lost track of Paul after that but I did hear that he was paddling C2 with Bill Berrisford.

Although I can't say that I knew Paul well, I did chat with him briefly when I saw him. He always struck me as friendly, unpretentious, sober, and hard-working — the kind of person I root for.

That is all the more reason why his early death is so sad. However, I hope it is some consolation for you to know that he inspired me and that I, for one, will never forget him.

Sincerely,

William T. Endicott
Coach, U.S. Team.

Words, for me, prove so inadequate just now to express the extent of my gratitude to all those who have given me such powerful and sincere support at this terrible time. The fact that so many of his friends felt not only able but very willing to share my grief with me, gave me great strength when I most needed it. Through Paul, I made some of the best friends anyone could wish for and feel certain that these friendships will be everlasting, just as our thoughts of him will be.

Karen McConkey.

Contents



A. FULLER
1st Prize Holme Pierrepont Div. 1

Canoe SLALOM

106 Wiggin Street, Ladywood, Birmingham
021-454-5690

EDITOR: JOE LYONS

FEATURES: RICHARD FOX

The official magazine of the B.C.U. Slalom Executive,
45/47 High Street, Addlestone, Weybridge, Surrey.
KT15 1JV

The views expressed in this magazine are not
necessarily those of the Editor or of the Slalom
Executive.

SUBSCRIPTIONS

Subscriptions may be obtained at £6.00 for 6 issues
post paid from: Slalom Magazine, 106 Wiggin Street,
Ladywood, Birmingham. Special Rates for overseas
readers.

ADVERTISING

Rates for the next issue are available from the Editor -
Telephone 021 454 5690

COPY

The next issue
Copy to reach Editor by 1st February, 1987.

SPECIAL FEATURES

- AGM Report — B. Fuller
- Under 17 Czech Tour
- Trainers Day with
Alan Edge
- The End of Endicott!

NEXT ISSUE

- Pyranha Premier IIII
- Nomad Extra Squirt
reviewed
- Alpine River Guide

REGULAR FEATURES

PAGE

- 2 From The Editor
- 2 **FEEDBACK**
- 16 Letters
- 19 Classified
- 23 Results

Editorial

FEEDBACK News & Info

There has been a large amount of comeback on my last editorial - concerning both what I said on Holme Pierrepont and on the Serpents Tail Premier event. In the letters section you will find letters from the Manchester Canoe Club, and others. Here I would like to make it clear that the views expressed in editorial are my views not those of the executive. But those views are expressed with the best intentions. If I feel that an event or occurrence is not well done, and that criticism is justified, then I feel it is my duty, as it is of other canoeists, to voice it. I do not think that the Holme Pierrepont Opening was done satisfactorily, nor was I happy with the attitude of those who aroused my indignation at the tail, and please note that the October editorial queries on attitude of mind of some members, not the organisational capacity of organisers — over 40 paddlers signed the two "protests" about the course and numerous others said afterwards they would have done — if 40 paddlers are dissatisfied with this aspect of an event then the organisation has an obligation to regard it with some seriousness. As to the attitude expressed by the idea that you shouldn't criticise, you should help — If I had anymore time I would help, but that still wouldn't stop me criticising, because voiced criticism is a major spur to improvement.

Holme Pierrepont appears to be developing nicely on the paddling front, with most paddlers there on the frequent occasions I have been there. Please see the report — it raises the same query that strikes me — that of local publicity and information:- with the marvellous course we need to promote and publicise it all we can, and the sport with it. We've started — we need to go on.

And on a more cheerful note: - Merry Christmas (for 1986!) and a happy new year, and may all your judges be generous, and all your runs fast and clean (but slower than mine!)

SLALOM SCHOOLS

Slalom Schools will be running a weekend course on the River Dee on the 24 - 25 January. The course is for Canadian & Kayak paddlers of all divisions.

There will be 4 on water sessions as well as a technique lecture with video analysis.

The course fee of £50.00 also includes Dinner, Bed & Breakfast for Saturday night.

This is a new concept for Slalom Schools.

Please ring or send a S.A.E. to:

Talbot House, 11 Church Street, Llangollen, Clwyd LL20 8HY

Nomad Slalom Coaching

with Jim Jayes Ex British K1 Champion

NOMAD CANOES would like to offer you the opportunity of booking a Slalom WEEKEND with JIM JAYES, the ex British K1 Champion, for you or your Canoe Club and all its members. Included in this weekend will be:-

- 1 A lecture on training for Slalom
 - (a) Technique theory
 - (b) Off-water training, consisting of weights circuits etc.
 - (c) Boat designs
 - (d) New Rules:- The changes to be made in training and techniques.
- 2 Training on the water at NOMADS own site in Llangollen
- 3 Included in the weekend will be a chance to use the LATEST NOMAD DESIGNS

The weekends that Jim Jayes will be available for Slalom Coaching are:-

December 1986 5th - 7th and 19th - 21st

January 1987 2nd - 4th and 23rd - 25th

February 1987 6th - 8th and 27th - 1st March

March 1987 13th - 15th and 27th - 29th

For further information do not hesitate to contact:

Jim Jayes or Maggie

Nomad Canoes

Tel. 0978 861444

Dee Series Mini Slaloms

A series of 3 mini slaloms are to be held in the spring on the Dee at the Nomad Site. Handicaps will be applied, to give everyone a chance to win with the overall prize for the series winner of an Extra, as well as trophies. Entry will be £2 per event, or £5 for all 3 events.

FEEDBACK News & Info

Dates

Saturday, 25th January
 Saturday 15th February
 Saturday 1st March
 Starting 11.00 a.m.

N.B. On the Sunday of these weekends there will be Mini Slaloms at Stone, also handicapped — Make a weekend of it!

HELPLINE!

PHOTO BANK/RECORD

A record of photographs is to be kept.
 The following information is wanted:-
 Name of photographer
 Names of paddlers photographed
 Name and Date at which event was taken
 Whether the photograph is coloured or in black and white.
 Would be prepared to give the photographs if required/loan the negative.

VIDEO USERS

Name and address of video owner
 Name and date at which video taken
 Would be prepared to loan video/have it copied.

HOT OFF THE PRESS

To be published at the Exhibition, Crystal Palace 1987.

SLALOM CANOEING — Parts I and II with introduction by Richard Fox — Edited by Garry Nevin and priced £1.50

Part I is a General Introduction to the sport of slalom, how to enter, equipment hints and an hour by hour guide through a ranking slalom.

Part II written by Alan Edge, World Team Medal Winner and National Slalom Coach is on paddling technique, strokes and manoeuvres with detailed diagrams. It is designed to take the paddler from his first slalom to promotion up through the ranking system — a must for the slalom paddler.

Parts III, IV, will be published in the Autumn of 1987 and will be on Canadian paddling, Fitness and Nutrition. Parts V & VI to be published in 1988 will include Advanced Techniques - for premier paddlers and Psychology for all competitors.

LLANGOLLEN & DISTRICT CANOE CLUB

A new canoe club will start in the new year —

initially contact the Secretary c/o Nomad Canoes, Mile End Mill, Llangollen, Clwyd until a Committee can be sorted out.

Nomad Watersport Centre

Despite the apparent 'Victorian' exterior, those of you who have already made the pilgrimage to Nomad's new and comprehensive site cannot have helped but be very impressed by the character of the buildings, and for those with an active imagination, the potential of the site is limitless. It is this potential which the management and staff wish to utilise to the full.

A professional team headed by Michael Dalton will be responsible for the overall development and management of the site. One of the most exciting features is the potential for the superb and adjacent white waters of the Dee as a permanent site for courses, practice and on-site development and testing of designs.

Although progressive, the Company is aware of the sensitive nature of the river. In seeking to promote canoeing at all levels, Nomad is mindful of the importance of the river and its present and future uses. Accordingly, they have recruited the services of Roger Irwin on a Consultancy basis. Roger's wide and varied experience in canoeing is seen as a valuable gain. His specific role in Nomad's plan will be to develop the use of the waterside activities which will include the provision for mini-slaloms, promotional events, training programmes and use by schools, clubs, organisations and individuals. Courses will be available for all, with top coaches running the specialist courses. BCU awards will be available by arrangement with the centre staff.

In the short term, the development will include the provision of adequate waterside car parking, changing facilities, showers and a cafe-snack bar area with views of the river. In the long term the strategy plan caters for accommodation, gymnasium and other related sporting facilities.

As a pilot scheme a series of structured courses for slalomists will be staged early in the New Year. These will be run by Jimmy Jayes, former British Champion, and supported by other top coaches. Groups, schools and clubs are invited to contact the Booking Secretary outlining their requirements for private courses.

During the last few years Nomad has put its time and effort into development of its designs, (designs that are now recognised as leading the

world). With this phase of its growth now running smoothly the manufacturing company will be concentrating its energies on producing the finest canoes and kayaks in the world. With all these exciting developments and the extensive retail showroom, plus a full range of demo boats, this must make Nomad's site well worth a visit for everyone in canoeing.

1986/87 JUNIOR WINTER TRAINING SQUAD

(age on the 1st January 1987)

K1 M

S. Pearce	U18
A. Raspin	U18
M. McLean	U18
S. James	U18
P. Astles	U18
A. Fuller	U18

M. Stephens	U15
A. Corrie	U17
M. Green	U17
N. McInnes	U17
J. Bennet	U17
S. Cook	U17
P. Robinson	U17
D. Ledger	U16
K. Kerswell	U15

Ladies

H. Corrie	U15
L. Tipper	U17
A. Walley	U18
M. Francis	U18
R. Fox	U18
J. Badillo	U18
L. Simpson	U15
H. Stobbart	U14
R. Doherty	U13

C1

M. Wharton	U17
G. Marriott	U17
I. Green	U16
C. Brown	U16
A. Clough	U17
R. Comer	U17

The following have been selected for the Senior Training Squad for Winter 1986-87

Kayak Men
Richard Fox

Russ Smith
Melvyn Jones
Ian Raspin
Jimmy Jayes
Pete Keane
Andy Gladwin
Mark Wolkenstein

Kayak Ladies

Liz Sharman
Gail Allan
Karen Davies
Jane Wilson
Sue Ward
Ishbel Grant

Canadian C1

Martyn Hedges
Rob Doman
Pete Bell
Alan Gillibrand
Mark Delaney
David Janes

Canadian C2

Alan Meikle/Colin Brown
Clive Richardson/Colin Thompson
Andrew Rance/Bill Horsman

INTERMEDIATE TRAINING SQUAD WINTER 1986-87

The following have been selected for the Winter Training Squad for 1986-87:

Kayak Men 1

Robert Wright
Keith Brown
David Crosbee
John Hansell
Brian Melia
Len Shackleton
Tony Leaver
George Spittal

Kayak Ladies

Clare Pallett
Anita Owen
Penny Briscoe

AT THE FRONTIER OF TECHNOLOGY

A NEW FREEBLADE

- A NEW SHAPE
- GREATER FORWARD SPEED
& ACCELERATION POTENTIAL
- BETTER SLICING
- IMPROVED HANDLING
- SUPERIOR CONSTRUCTION
- HARDWEARING EDGES

THIS NEW BLADE IS AVAILABLE
IN EPOXY/KEVLAR CARBON,
PRODUCING THE TOUGHEST
PADDLE AVAILABLE

USED BY THE WORLDS
TOP PADDLERS

FREEBLADES

51 KING EDWARD ROAD NORTHAMPTON
OUR NEW PHONE NO 0604 38673

AGM Report — by Brian Fuller

Saturday, 29th November 1986, and the tenth AGM at Holme Pierrepont got away to a prompt start under the Chairmanship of Roger Annan who, despite a few 'asides', managed to steer the full house through a very busy agenda - well before midnight!

In his report Roger referred to the well-deserved MBE awarded to Richard Fox which acknowledged his position as three-times World Champion and "best rough water canoeist that there has ever been". He also commented on the "most important development yet in slalom" — the opening of the Holme Pierrepont Slalom Course and thanked all those involved in this magnificent achievement — "a turning point in our sport". It had only been slightly marred by two things — the failure of the fund raising efforts and the administrative procedures involved in its use!

He congratulated the British Team on their various international successes for the tenth year in succession and thanked Albert Woods, team manager since 1973 for all his hard work and wished him well in his future work with the I.C.F.

The Executive had been operating a new committee structure of management for the past year, currently numbering five, which had allowed more people to become directly involved in the management of slalom. He asked that in the first instance clubs and competitors should direct any enquiries to the Slalom Administrator and went on to comment on the tremendous amount of time and skill put in by our 'part-time' Administrator, Sue Wharton, who was completing her third year in the job.

Sponsorship by T.I. Russell Hobbs had been a significant success during the year. It was initially a twelve month agreement and would support British Teams at all levels; the Divisional system; and provide direct sponsorship of the British Open event. He appealed to all to support it and to make it work for **us**.

Reports were then received from the other Officers — some written, some verbal. Among these were noted:-

A plea from Colin Manton, Timing and Equipment Officer, please, if you **do** find equipment that you cannot repair - label it and return it for repair or at least **tell** someone.

Irene Osborne, in her first year as Stationery Officer (twenty-five to go to break the record) had distributed 21,000 entry cards!

In his Judging Report, Neville Unwin felt that the standard of judging had deteriorated, probably inevitably due to the introduction of the new rules — "at the start of the season these were

very poorly understood". The new 'Gate Judge' qualifications had been introduced and Peter Denton and his team of eleven examiners had conducted about 50 exams with well over 1000 exam sheets issued — unfortunately so far only 89 have passed! He thanked Alison Pendleton for her thorough analysis of the Jury Chairman reports from all the events and thought that organisation standards were improving. He asked for more Section Judges to swell that band of volunteers — if you know of someone suitable — volunteer them!

John Shackleton presented a comprehensive Income and Expenditure account which showed that he had competently handled our turnover of some £90,000 but pleaded for a replacement to be found as soon as possible — but agreed to carry on in an 'acting' capacity.

Dave Morgan, as well as being very busy as our Secretary, had also found time to produce an analysis of slalom entries in 1986 which showed, among a lot of other figures, a grand total of competitors in all divisions of 15,590 - up 5% on 1985.

The Publicity Committee had managed to produce the leaflet "A Guide to Slalom Canoeing" in time for the opening of H.P.P which had been used at other events since to increase the public's awareness of the sport. Work was proceeding on a revised Slalom Handbook — due out in February — and a new format Organisers Handbook. The promotion of PPO's (Personal Press Officers) for top paddlers and Club Press Officers has been a major part of the Publicity Group's work and to this end a Press Officer's Conference, in conjunction with the Organiser's Conference, is planned for early 1987.

The election of the Executive and Officers was completed expeditiously with no great surprises other than the unfortunate resignation of Pete Bell.

The Calendar of Slalom events was agreed with few amendments. One or two organisers are still needed for events at Holme Pierrepont (any volunteers?) and regrettably no date for British Schools was available although a new Open Youth Championship will take place over 2/3/4 May 1987 with the National U.14 Championships on 23/24/25 May.

Then, to the meat of the meeting — interrupted only by lunch **and** tea! — "the motions".

Thanks to the Russell Hobbs sponsorship entry fees will remain the same as last year except that all team entries will now be £1.50 per boat with a further surcharge of 50p per boat in Premier and Division 1 events towards "Teamwork Trophies".

A few anxious moments for our Slalom Administrator when it was proposed that her part-time job should be recognised as what it really is — a full-time job! — but that we should advertise for applicants. Happily this was overruled as it was felt that we have the best qualified person already doing the job — well done Sue.

A motion to require all proposals for discussion to be proposed and seconded by two different clubs was withdrawn. (Was this an attempt to prevent Banbury putting up 8 motions again next year!?)

Paddlers under 18 will now all be called 'Juniors' (in line with the ICF) but are to be identified in U.14, U.16 and U.18 age groups.

A proposal that promotion for ladies should be based on a points system — to prevent "too rapid promotion" — was referred to the Executive for consideration.

The points system for Canadians was revised, yet again — its getting better, hopefully. Pete Bell should be congratulated on his perseverance in trying to reach Utopia!

Protests will cost you a pound this year.

A move to introduce a section judge system into all divisions was withdrawn to enable the Executive to give further consideration to the matter.

The cost of hiring the timing equipment will rise to £10 per event next season.

A great debate seemed in prospect over the size of Scottish timber but in the end it was agreed that the minimum diameter for poles, in future, should be 32mm.

Late entries gave cause for concern and it was decided that entries received after the closing date must not be accepted except at the double rate. Exceptions were newly-promoted paddlers within the two weeks preceeding the event or as a result of a cancellation on the same weekend — but only if the specified limit for that event had not been exceeded.

The voluntary registration scheme will continue "until further notice".

Modifications to end radii, from now on, must be permanent - no more sticky tape!

Paddlers are reminded that it is **their** responsibility to ensure that their equipment is up to the specified requirements and the Executive were instructed to arrange spot checks at various slaloms and measuring templates for end radii would be included in organisers' equipment. Disqualification must follow any finding of sub-standard equipment.

The team gate is back (thanks Alan) - for domestic competitions a minimum of one and a maximum of two team gates are to be included. The finish line 15 second requirement remains.

No more "silly names" are to be accepted by organisers or published in start lists or result sheets.

In future it will be allowable to have Officials runs on separate days (sighs of relief from some organisers).

All divisions should offer prizes for Youth and Junior (sorry, "Juniors", U.18 and U.16) with optional U.14, instead of just at Premier and Division 1 events — this was carried only by the casting vote of the Chairman — aren't there some meanies about?

It was agreed that a National Answerphone be provided to give details of cancelled events amongst other information.

Spectators will be delighted to hear that the standard of toilets should improve for next year.

Holme Pierrepont came in for some formal congratulations — but not the fund raising project, and it was agreed that organisers "be urged to stimulate other fund raising activities in support of H.P.P."

Banbury's most noticeable success was their motion that the BCU Slalom Executive should create a Water Safety Policy before the coming season which, together with the Executive's motion that first-aid facilities must be available and additional safety cover provided at specific sites, will relieve the anxieties being expressed by more than a few.

However, the demonstration that the new crash hat (sorry, "safety helmet") specification could be complied with by using a bucket with a sponge inside it (as modelled by a Banbury rep — who else!) did nothing to allay some fears! The Exec agreed to take that one 'back to the drawing board'.

Safe and Happy Paddling in 1987.



SUNDAY AT LUDDINGTON WEIR,
SLALOM TRAINER COURSE NOVEMBER 1986.

We have something special for everyone in 1987



The Extra Squirt

A superb high performance fun and stunt boat based on the sleek lines of **The Extra** the world's most popular slalom kayak, its light, tough and easy to handle ... even in the roughest water, paddle it to believe it.



The New Shoot 2

The C2 slalom boat everyone has been waiting for ... its here! and the wait has been worthwhile



The Extra Bat C1

The very latest design in C1 slalom competition boats. Davey Hearn and Jon Lugbill from the USA, have come together to design this remarkable new craft, make it your choice this coming season.



Davey Hearn by Tony Tickle

See them • Try them at  **our riverside showroom** **or the Canoe Exhibition**
at Crystal Palace

NOMAD CANOES

MILE END MILL, LLANGOLLEN, CLWYD LL20 8AD
TELEPHONE: 0978 861444

Under 17 Team Czechoslovakian Tour

Organisers/Coaches/Drivers:

Norah Small - manager
 Brian Melia
 Steve Hardman
 Alan Kennedy - driver
 Mark Stallworthy, Ian Raspin - Coaches

Paddlers

Shaun Pearce
 Sean James
 Andy Fuller
 Maria Francis
 Andy Raspin
 Pete Astles
 Pat Rogers
 Rachel Fox
 Matt McClean
 Andy Corrie
 Alison Walley
 Lara Tipper

Our first stop on the tour was Austria and the rivers around Landeck. During our 2 day visit we all paddled the Inn and the Upper Inn, both of which are wide, fast moving rivers with enormous waves but not too much danger due to the lack of stoppers. Also Pete, Brian and Andy Fuller ran the River Sanna just before it got dark whilst the others did a training run.

Next day we moved to Prague and the Troja course. This event brought results as rankings would suggest with Lara (20th) leading our ladies, followed closely by Alison (21st). The three Premier paddlers, Shaun Pearce (22nd), Andy Raspin (29th) and Matt McClean (32nd) led the team in the means section with the division 1 paddlers, Andy Fuller (42nd), Sean James (44th) and Pete Astles (46th) not too far behind. The team events found Raspin/Rogers/Fuller in 4th place.

We paddled at Troja again on Monday before moving to a brand new course at Zeliv (So new in fact that the paint was still wet — as our multicoloured arms soon showed!!). The course is 600 metres long, and has 23 stoppers in an 11 foot drop along the whole course.

This event was trained through rather than used as an important event and apart from good results from the coaches, a few capsizes, numerous rolls and many attempts at bursting the rubber rocks, some fairly good results were obtained. Shaun again led the team coming in 16th followed by Andy Fuller (17th), Pat Rogers (18th), Sean James (20th) and Matt McClean (22nd). The ladies team was headed by Maria (7th) followed by Alison (11th), Rachel (15th) and Lara (17th).

The next day we were scheduled to go to Cerveny Clastor (No — I don't know how to spell it properly!) but we were told that the water was low there so we went to a place called Roudnice not far outside Prague. The colour and smell of the water here was unbelievable and even being near it made me feel ill! We all paddled on Thursday and most people did a training session on Friday before a leisurely swim in the "on site" swimming pool and the daily madness of trying to destroy an enormous hornets nest!

This event here was run like a "double header" Premier but without the team event. Shaun Pearce **yet again** led the team on both days (finishing 7th and 10th) and won the overall youth prize completing a very successful tour for him. Andy Raspin was next best finishing 16th and 14th followed by Pat Rogers with 17th and 16th placings. Other good results came from Pete Astles (22nd) and Andy Fuller (23rd) on Saturday with Matt McClean (15th), Sean James (19th) and Andy Corrie (23rd) on Sunday. The ladies team was led by Maria (7th) on the first day, with Rachel (18th) and Alison (12th). On Sunday Alison came in 4th with the others not too far behind; Maria (8th), Lara (12th) and Rachel (15th). The placings for each day were added up so Maria and Rachel won youth prizes and Andy Corrie won the junior prize. Finally, Norah was presented with various presents for the team from the organisers, including a bottle of wine for her birthday the next day!

Another all night journey found us back in Dover after a well organised and enjoyable tour. One thing I would mention is that whilst Norah may go Orienteering I don't think that she has managed to transfer the ideas in to normal map reading and I can't remember how many people were asked the way or dragged in to the minibus to **show** us the way!!!

And I don't think I will ever forget the feeling of joy I had when I bought a plate of chips, beans and sausages instead of meat and dumplings or rice covered thickly in lumpy gravy!!

Anyway apart from the food and the bug we nearly all had (some more than others — Alison) the trip was great fun combining tough competition — against high internationally ranked paddlers — with big water paddling and playing and a great deal of fun. It was **well** worth the Winter training and thankyou everyone who made it possible.

By Andy Fuller

Slalom Training Course —

'Why don't you have a go John? You'd enjoy it.' These words uttered by those in the know at Banbury & District Canoe Club at key points over the last few months have seen me through many new experiences, nearly all wet, many of which involved some time upside down. I am not an expert paddler. So, when these words were uttered yet again, followed by 'It's Alan Edge, he's really good', my reaction was 'This is John Crook, I can't cope.' I hadn't been to many slaloms, Simon (my son) and I were new members of the Club, and I felt I had too much to learn. It was then pointed out that the course was not solely aimed at paddlers, but at parents, girlfriends or supporters who would like to get more involved with slalom. I was hooked again!

Thus early one November morning eleven would be trainers gathered together for a two-day course sponsored by CANOESPORT LLANDYSUL and organised by Banbury Canoe Club. This course is the first in a series of six which will take place throughout the UK, and if completed satisfactorily one is awarded the title Slalom Competition Trainer.

Within minutes it was clear that Alan was a good communicator. He assumed nothing and started by building up the necessary technical vocabulary and revision of the basic strokes and common faults. As the first session progressed I became fascinated as he took us through various basic gate technique models stroke by stroke. Then out to the lake where he put the theory into practice with a willing band of volunteer paddlers, many of whom were the offspring of the aspiring trainers, including Simon. A member of the club manned the video camera as the paddlers tackled a small eight gate course set up by Alan to demonstrate many of the points he had talked about. Back in the Club Clubhouse we went over the video, identifying faults, looking for good technique and learning tips on how best to use video analysis for slalom. Banbury Club provided us, and the paddlers, with a much needed hot lunch. This was very welcome in view of the cold, showery weather. Is this typical for coaching?

By now I was beginning to enjoy myself, and the afternoon session, which built on the simpler gate models of the morning came and went all too quickly. The wind had got up quite a lot and the corner of the lake we were using resembled the sea at times, but the paddlers stuck at it and we got some more useful video. This was also the time when we had to demonstrate some of what we had learnt by working in pairs with individual paddlers on various breakouts. No one was able to be shy since we all had to shout to

be heard above the wind. Back in the warm Alan ran through the video sharing comments on technique.

In the late afternoon we all invaded the chairman's house to continue the day's activities in comfort. Alan dealt with fitness and aspects of land training, including the demonstration of free exercises, warm-up, light weights, and isokinetics. Peter Denton followed up with a short talk on Slalom gate rules. To our surprise we then found ourselves taking the Gate Judge Examination. Three of us passed (but not me!). The evening finished with a splendid meal (an optional extra, refused by no-one) and an opportunity to watch a video showing some of our top paddlers in action.

Sunday morning, dry and bright, at a new location.

Today we were using Luddington Weir, near Stratford-upon-Avon. Alan approved of the water and spent some time adjusting the position of the gates, to set up a series of three short courses. The club's more expert paddlers were needed to tackle this water, joined by one of our group — in a C1! First we all indulged in a few warming up exercises, and picked up a few hints on how to involve the paddle, and even the boat, in a warm up. Moving water techniques were discussed, including alternative strategies for the less strong, followed by demonstration and analysis. Then lunch — hot drinks and soup, served from a Banbury Club member's caravan.

The next bid was more difficult. We were split into groups, given some paddlers, and a free choice of what to work on. That wasn't so bad in itself, but in our group was Andy Fuller, now in Premier, and pretty clued up. He was very patient as we started off by working on technique at the expense of considering what would work sensibly in that particular water. We began to get it together by the end of the session, but I'm still glad there wasn't much sound with the video.

Late afternoon saw the contribution of more club members as we took over their house for another excellent meal before Alan's final sessions. We looked in particular at Slalom session organisation (duration, course design, sensible use of stopwatch, etc.), but we also covered motivation, diet, stretching exercises, keeping diaries and training logs, WITO, and when WITO is not a good thing. I've now got a fat file of course notes (which I refer to before each of the pool winter training sessions I am now involved in). I have much more confidence in my ability to spot and help correct faults in basic technique, but I also realise that I've got a lot

Alan Edge at Banbury

more to learn. Alan has set us all on the way, now it's up to us. I drove home thinking:- In what other sport would the National Coach spend the weekend chasing around the countryside sharing his knowledge and skills with a group of novice trainers? Not many I'll bet. Thanks Alan.

Thanks too to CANOESPORT LLANDYSUL for their sponsorship, and to Banbury Club for their organisation.

The whole weekend cost less than £20.

Why don't you have a go? It's Alan Edge, he's really good.



THE LAKE, GATE TECHNIQUE,
SLALOM TRAINER COURSE
NOVEMBER 1986

feelfree 

RAFTING

RAFT GUIDES WANTED for 87 Summer Season

Ability to deal with different types of people useful and love of white water essential.

Also required Cook and Driver to join the Feelfree team for 1987.

Apply with C.V. and white water experience to:

FEELFREE HOLIDAYS
6 Hawthorn Bank, Harwood, Bolton.
BL2 3JB

CANOE SPORT LLANDYSUL

ONLY A PHONE CALL AWAY
055 932 3730

SAME DAY DISPATCH ON MOST ORDERS

Stockists of
**NOMAD • PERCEPTION • FREEBLADES • MI
WILDWATER • HELLY-HANSEN • BUSHSPORT
BADGER • Etc. Etc.**

Canoe Sport — Sponsors of B.C.U. Slalom Trainer Series 86-87

End of Endicott (Fox/Sharman Compared)

FOXSHARMAN

am WWG: 4 x 90 sec. course
am WWG: 6 x 45 secs.

am RACE

am RACE

am RACE

The final phase is the period right before the World Championships. What follows is the week before the race (week 46):

am WWG: 1 x 30 secs.
1 x 45 secs.
1 x 55 secs.
1 x 70 secs.
1 x 55 secs.
1 x 45 secs.
1 x 30 secs.

pm 2 x full length runs (200 secs.)
1 x split run.

am Jog.

pm 1 x full length run.
1 x split run.

am Analyse course -- no gates.
Warm up below finish
15 minutes.
Massage

pm 3 x top half length runs.
1 x bottom half run.

am Loosen up 25 minutes.
6 x 17 second up and back sprints.

pm Race warm up below course.

am Complete rest day.

THURSDAY

am Complete rest day.

FRIDAY

am RACE

SATURDAY

am RACE

SUNDAY

am RACE

MONDAY

am MWG: 3 x 60 secs.
3 x 30 secs.

pm 4 full length runs.

TUESDAY

pm 4 split runs.

WEDNESDAY

am 1 full length run on course
-- no gates. Warm up below finish.

pm 3 x split runs.

THURSDAY

am 30 mins. stretching.
40 minute warm-up on gates below course.

FRIDAY

am RACE.

am INDIVIDUAL RACE.

am TEAM RACE.

Conclusions

Assuming we can take the Fox-Sharman comparison as a valid representative of men's-women's training, I am left with the following conclusions:

1. Women should probably aim to have the same intensity as the men only in selected sessions, allowing more recovery time than the men between hard sessions.
2. In endurance training, women can probably tolerate volumes closer to the men's, as long as the intensity is not too high.
3. Women should probably not aim to do the same proportion of multiple sessions a day as the men because it takes them longer to recover.
4. If women don't factor in enough recovery time, they are apt to get sick and miss more training while recovering than the men.
5. Women should probably aim to do about 3/4 the total work that men do.
6. Women should perhaps concentrate a relatively larger percentage of their time in the boat than the men. This is probably due to fatigue setting in earlier for the women and thus their having less time available for the supplementary training than the men.
7. Women should probably make sure to do strength training for the arms, upper body, lower back and abdominal muscles continuously throughout the year, not permitting any long lapses in it. I theorize this from combining several known principles of sports training. First, even most men are relatively better trained with the legs than with the arms and upper body. This is because even simple walking around trains the legs somewhat. And women tend to do less upper body training than men.

SATURDAY

am Complete rest.

SUNDAY

am TEAM RACE.

Thirdly, the more recent the adaptation to a training regimen, the quicker the reversability. That means that if a woman starts an upper body strength program relatively late in her life, her adaptability to it is going to be "recent", and if she stops for any period of time, she will lose her gains relatively quickly. This argues for starting young and maintaining a continuity in the upper body strength training even more so than in other areas of training.

8. Women's training and performance may vary due to the hormonal activity of the menstrual cycle affecting physical and psychological efficiency. This probably has to be worked out on an individual basis.

**TO ALL AT SPLASHSPORT
MANY THANKS FOR YOUR HELP & SUPPORT**

G. B. CANOE SLALOM TEAM

[EUROPA CUP · PRE-WORLDS · YOUTH WORLD CHAMPS'86]



SUPPLIERS OF

**CAGS · BOUYANCY AIDS · SPRAYDECKS
TO THE BRITISH TEAMS**

AVAILABLE FROM DEALERS THROUGHOUT GREAT BRITAIN

Send for our
Free colour brochure
& list of Stockists

SPLASHSPORT

SHOWROOM: OPEN MON-SAT 9-5pm
19 BRUNSWICK ST DARWEN, LANCs BB3 2AJ TEL 0254-75737-71456

WARNING

THIS BOAT MAY SERIOUSLY IMPROVE YOUR PERFORMANCE

TORNADO

Delto

A BOAT TO BE RECKONED WITH IN 1987

Chosen by

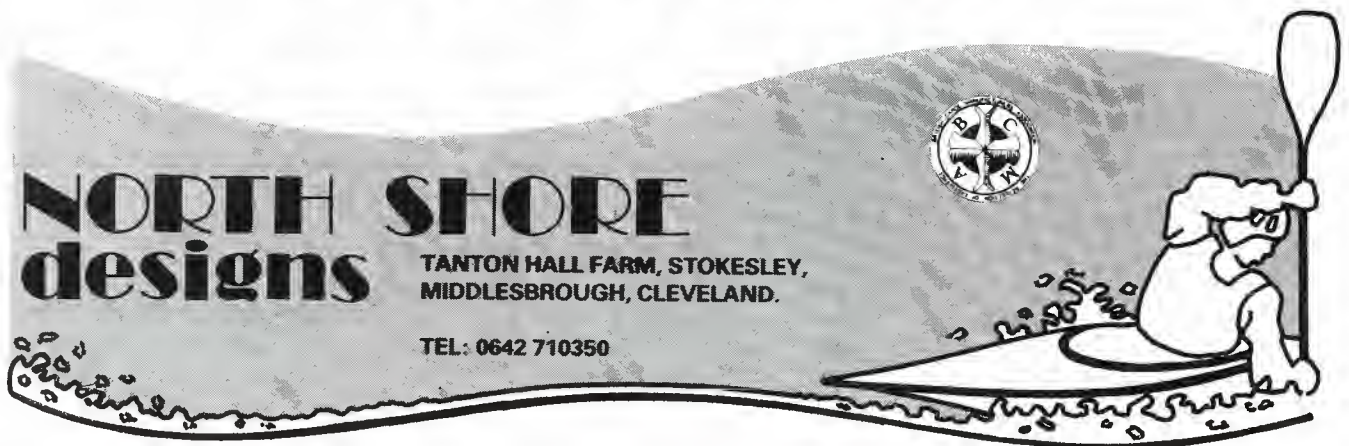
RUSSELL SMITH
British Champion

KEITH BROWN
Scottish Champion

NORTH SHORE
designs

TANTON HALL FARM, STOKESLEY,
MIDDLESBROUGH, CLEVELAND.

TEL: 0642 710350





DAVE JANES Photo: Pete Astles

**“All you need
for Christmas
and the
New Year”**

**Are you looking for
high performance
from your canoe
& accessories?**

NO LIMITS
is the answer
to your question

FIRST & LAST STOP FROM HOLME
PIERREPONT
NATIONAL SLALOM SITE.

59 trent boulevard, WEST BRIDGFORD,
NOTTS. NG2 5BB. TEL. (0602) 813222

Letters

Dear Sir,

I write in response to the letter from Mr. Edwards, published in your recent edition. I am most surprised that a deflammatory letter such as that is published by a reputable and respected publication such as yours without the Club concerned being offered an opportunity to respond in the same issue.

While the Leeds Club is well aware that the event had its difficulties and disappointments, this is not unknown at a new site. The club has reviewed its part, and will take steps to see that no such problems occur in the future. Having said this I would point out that much of the unpleasantness surrounding the event was brought about by persons with little or no experience of the problems faced by an organiser, and, who had a wholly negative and aggressive approach upon the day.

The Leeds Club, over a period of many years, has run successfully, numerous events to the betterment of the sports of slalom, white water racing and marathon. It is to be hoped that the many hundreds of paddlers who have benefitted from, and enjoyed Leeds run events, will read between the lines of our well known friends letter. May they remember our excellent record, and not allow one mans misvented spleen to colour their view of an otherwise well intentioned Club that has done much to develop the sport locally and nationally.

Yours faithfully,
Don Player

The editor replies:

It hasn't been prior practice to allow reply in the same issue, but in the next issue, when disagreement evolves. However I would point out that the letter concerned was one of three received — (and possibly the pointist!) and discussion with other paddlers at the event (including Leeds C.C. Members) suggested that much of Mr. Edwards letter was valid.

Dear Editor,

As you've used editorial space to attack MCC, I feel entitled to a reply. I've used fewer words than you did, so there's no excuse to cut it.

Firstly, we made £160 profit from the event — hardly a vast amount.

Secondly, changing a course at the Tail, on Saturday night, is not easy. If you offer a hand next year, it will be gratefully accepted and you can see for yourself. We changed as much as we felt was possible for our first 'double event'.

Thirdly, the course was approved by the jury, before the protests, then two gates were moved and the course re-approved. Personally, I'd

paddled it on Saturday night and twice on Sunday in the officials event (I'm a pretty average Div 2 paddler) without any particular difficulties at the gates being complained about.

I am sorry that you were so upset at the event - we try to run our events to time - keep the judges happy - enjoy it ourselves and, believe it or not, keep the paddlers happy. Unfortunately, we occasionally upset somebody. It seems a pity to criticise a good event in your editorial just because you don't like a small part of it. It just makes volunteers less willing to travel on Thursday, take Friday of work, turn up again at about 7 o'clock on Saturday and Sunday mornings and then stay around taking the course down.

Yours faithfully,
Nick Taylor, Chairman, MCC.

Dear Joe,

Canoe Slalom - October 1986

At the last meeting of the Executive, concern was expressed about the Editorial of the last issue.

While some of the points you raise may be correct, we must remember that without the help of the Sports Council we would not have the Slalom Course.

We also rely a great deal on Sports Council help with regard to British Teams and the general administration of our sport.

Therefore we feel that such criticism, as in your last edition, can only alienate the Sports Council towards us. Yours sincerely,

Dave Morgan

Dear Sir

I was both annoyed and dismayed by the comments you made concerning Holme Pierrepont and the Serpents Tail. Surely the purpose of a magazine is to promote the sport and inform. If there are any hiccups in the system then these should be carefully researched and dealt with through the governing body. Only if there are serious grounds for complaint that the governing body refuses to acknowledge should journalistic license be used to wash our dirty linen in public.

However as you have started, your comments concerning the Serpents Tail must be answered. I am sure Manchester Canoe Club will reply to you themselves with the Official Version, but I would like to express a view that I am sure is not entirely my own. Furthermore, as will become apparent, from one who had little to do with the event this year. You say:-

1. Only 8 Gates were moved. The directive for the Tail to be a double Prem came from the AGM, it was not proposed by Manchester. I am

Letters

sure no one at that AGM who has ever run an event expected to see Two totally different courses. Under low water conditions I would think 8 gates was more than acceptable or did you really want the Gate over the boil half way down the Tail.

2. £14 was asked for a protest. As I understand it in order to cut down on frivolous protests a paddler is charged 50p which is refunded if his protest is upheld. One can only conjecture that 28 Premier paddlers signed one protest thereby hiding behind the equivalent of a Round Robin or were unwilling to put their Money where their Mouth was.

3. Manchester Canoe Club should run events for Paddlers not for Profit. This really riles me. Manchester Canoe Club run 6 ranking Slaloms a year. Not all make a great profit. They can only take place if members of the Club are willing to give up a days work, in some cases losing a days pay or as in my case having to take at least two days leave. This year I simply ran out of leave which was why I wasn't involved in this years Tail. The only payment members receive is a subsidy on their lunch for those down on a Friday. There are no such things as Sports Council Grants for Course Erectors. Any profit made on the event is ploughed back into canoeing. MCC has its own Telephones and Timing gear thereby allowing another club to run another event for the benefit of the paddlers. This year we purchased some very basic canoes so that hopefully we shall entice newcomers into the sport. Note no percentage off new Slalom boat just because we run a Premier event. In fact neighter really benefits those who help run the events. Contrary to this, recent attempts to get some top paddlers to assist with coaching up and coming paddlers have resulted in the excuse 'I haven't got time' to the suggestion of a £100 fee for an evenings tuition.

Obviously these remarks don't apply to all Prem paddlers, unfortunately though they can be applied, as a generalisation, from the World Champions and their coaches down to the newest novice and their ambitious parents.

There is a simple calculation. It takes about 100 people including judges to run a really succesful Slalom. With an average entry of 200 that means you should be helping with every third Slalom you attend. As the greatest proportion of our events are in the Novice/Div 4 area the need for experienced paddlers to be heavily involved in the running of Slaloms is even greater. Ask yourself how many events you ran this year.

When I joined MCC I was told two things

1: 'It's a Mugs game helping at the Tail'

2. 'You don't criticise other peoples events you offer to help'

I am trying to ignore the first despite Prima Donna outburts from some paddlers. I would like to believe the second could become the Motto of Slalom in general.

Until Slalom finds a way of keeping its experienced paddlers and getting them involved in Organisation, remarks as expressed by the Editor of Slalom Magazine and those who agree with him may find the next AGM not debating how to get the paddlers to judge each other but how to plan the event so that the Competitors can put up the course and run Control themselves.

Roy Bradshaw a member of MCC

Dear Editor

Serpents Tail Slalom September 27/28

I went to the Serpents Tail Salom as a Judge expecting a good course which would be entertaining for spectators and slalomists alike. However all we got was a boat breaker and paddle breaker.

Admittedly the water was low but gates were put in the most stupid places. For example on gate 5 as you went through it 9 times out of 10 you caught your paddles on the rock, which was just underneath the surface, therefore your paddle went under the boat and threw you in and also broke chunks off your paddle.

Another example was gate 13 which as you came into the gate line you nearly took the bottom out of your boat on the ledge, which you had to go over.

Quite frankly I can't afford the money for a new boat or new paddles. I don't know about others? My boat was a Christmas present and it has got to last. I am lucky to have a mum who pays my entry fees etc as I am still at school.

I would have thought that the people who erected this course would have had some consideration for the people like myself who have to rely on the generosity of parents — We are not all at work or sponsored. Yours sincerely
Lee Pearson Pool Hayes Canoe Club

Dear Sir,

As a Club we took exception, at the recent AGM; To references being made to Banbury taking up the meeting's time with unnecessary or erroneous motions.

To put the matter straight, it may be of interest to know that this club gave very careful consideration to the motions which it put — having 'missed the boat' at the previous AGM.

Firstly, an open Club meeting was convened to discuss those areas which had given cause for

Letters

concern during the season. Due to the age group involved - almost exclusively under 18 and supported by many parents and other youngsters — these tend to be a little different from perhaps the majority of Premier, Division 1 and other senior paddlers although they do cover **all** divisions.

These were then carefully considered and sifted (and reduced!) by a sub-committee before being discussed with the Secretary of the Slalom Executive. Finally, the remaining eight proposals were formally submitted.

The democratic process means that we have only one vote at the AGM but I am pleased to say that there is no shortage of interest in the Club in the administrative matters surrounding Slalom and no less than six club members attended to help cast our vote.

Nor do we take kindly to such comments as "its all very well for you to talk, but you've never even **run** a slalom". We are well aware of this fact and are taking the appropriate steps to remedy this — but it all takes time and our club has only been in the business for three years and we want to make sure we get it right. We dare not to otherwise, after all we've said!

You do not have to be an organiser, however, to appreciate what is required or desired by a paddler, spectator or parent at an event. In fact a few observations and constructive criticisms encouraged and considered might well turn an already good event into a really great one but, more to the point, might push a poor one up to an acceptable standard.

Nobody is perfect and with the (hopefully) greater public participation in our sport we must cater for them. Competitors have too long accepted the second-rate — they may have to — but spectators will not and they won't come again! We can **all** improve!

Yours 'constructively'
Brian Fuller (Chairman)

Dear Editor,
I am writing to you regarding the letter written by Mr. J. Edwards, in your Slalom Magazine, which was about the Blubberhouses 4/N slalom on the 5/6 July 1986.

I was very surprised and upset to find that you had published such an insulting article, especially since you didn't have the courtesy to give me, or my club the opportunity to respond or give an explanation in the same magazine.

Mr. Edwards' article referred to the disorganisation and running of the slalom. However, the severe disruption to the event was caused by unforeseen circumstances, far beyond the control of either, myself or Leeds Canoe

Club, the principle factor being that despite previous agreements and arrangements with the local Cricket Club and the Washburn Committee regarding access and car parking, these facilities were suddenly withdrawn on Friday Evening.

At first, cancellation of the event was considered. However, since many paddlers and their families would already be 'en route', we managed with great difficulty and perseverance to arrange access and car parking from the opposite bank so that we could still hold the event. The appropriate alterations to the direction signs were made and the majority of paddlers found their way with no difficulty to the new site.

The stretch of river is on dam release and therefore it was necessary to construct the course with the water at low level. Bearing in mind that this stretch of the river had never been previously used for a slalom event, we had erected a course which we considered suitable for a Novice/Div 4 event, but anticipated course adjustments on release level. However, this turned out to take longer than expected, and this, coupled with the other problems, seriously stretched the amount of help available.

Mr. Edwards criticised course standards and rescue arrangements, however myself and control were the last to hear of them, and by the time they had been improved during Saturday morning, they were considered safe by the Jury for the rest of the event.

The cancellation of the Novice event on Saturday evening was completely the decision of the Jury and out of my hands.

I was very disappointed at their decision, after all the hard work that had been done, and I was extremely sorry for all the Novice Paddlers, who I encouraged to enter the Judges event, to give them an opportunity to take part in some kind of event.

During the whole event, myself and many of my helpers were continually harassed by Mr. Edwards, which on top of all the extra work we had to do was very unhelpful, and at one point he actually struck one young club member with a paddle, which I am sure is not behaviour conducive to a premier, or any other paddler, and he should know better.

Leeds C.C. have run many successful slaloms, some at which Mr. Edwards will no doubt have attended, so we feel his criticism is very unfounded in the circumstances.

Finally I would like to thank all my helpers, and the majority of paddlers who were sympathetic and understanding. Yours faithfully,

Andrew R. Pratt
Blubberhouses Slalom Organiser

Classified Advertisements

CONCEPTS DESIGNS FLYER

Diolen Construction, Grey
Only 1 seasons use.

£100 no offers.

also

New Freeblades Alloy 206cm Light

£19.00

Tel. (0933) 664230

**PETE ASTLES
PHOTOGRAPHER**

5 Sweden Park, Ambleside, Cumbria. LA22 9EY

Tel. 05394 33736

FOR SALE

PYRANHA KEVLAR VACLITE IMAGE 75

Good Condition — 6 months old

£200 o.n.o.

Keith Lowe. Tel. 01-866 5336

CANOE INSURANCE

Send SAE for full details to

JOAN BAKER

JB INSURANCE, FIELD COTTAGE,
HIGH STREET, MADINGLEY, CAMBS.

SAILBOARD COVER ALSO AVAILABLE

FOR SALE

ISOKINETIC PADDLING MACHINE

Excellent for winter training.

Complete with free standing seat and frame.

(No wall mounting required)

Genuine reason for sale

£300 o.n.o.

Contact L. Williams

0932 232071 (Evenings)

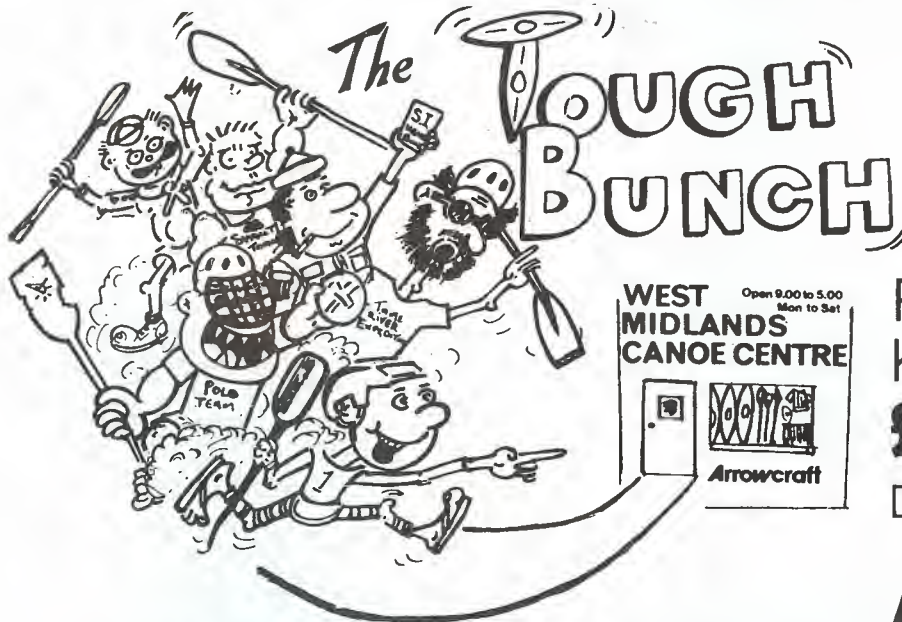
01-920 6585 (Daytime)

NOMAD SHOOT C1 — Full Kevlar, 1" Kevlar outside seams. Well built - very good condition. **£220** needs quick sale.

also

PRO-AM C1 — Full Kevlar - Good condition **£120**

Tel. Rob Moss Kidlington 2399 any evening.
(Delivery by carrier anywhere in the country, included in price.)



WE STOCK A TOUGH BUNCH

OF ROTO MOULDED KAYAKS

WEST MIDLANDS CANOE CENTRE

112 NEW HALL STREET, WILLENHALL, WEST MIDLANDS

Telephone: Willenhall 634567



Prem. III (Vitesse)
Kevlar comp.
£299 inc. VAT
Demo available

**A.B.S. Boats
available.**

also the Pyranha
C1 & C2

Vortex and
Thunder

See them now

THE NATIONWIDE GUIDE TO CANOE SHOPS

THE SHOPS BELOW OFFER A FULL RETAIL SERVICE TO CANOEISTS,
STOCKING A LARGE SELECTION OF CANOES & ACCESSORIES FROM ALL
THE LEADING MANUFACTURERS. TOP SERVICE & EXPERT ADVICE

VISIT YOUR NEAREST SHOP NOW THE ALL YEAR ROUND CANOE EXHIBITION

LENDAL

30 Hunter Street
Prestwick KA9 1LG Ayrshire
Telephone: 0292 78558



Scottish Agents for all
Major Canoe & Accessory
Manufacturers

**LAMMERLAWS
LEISURE**

Lammerlaws Road, Burntisland
Fife Scotland Tel: 0592 874270
Open 10.00 to 6.00 Mon to Fri
(Weds till 8.00)
& 10.00 to 5.00 at Weekends
A Full Range of Canoeing,
Sailing & Sailboard Equipment
Available

**THE WILD
WATER CENTRE**

The Mill Glasshouses
Pateley Bridge, Harrogate
North Yorkshire HG3 5QH
Tel: 0423 711624, Telex 57986



**WEST
MIDLANDS
CANOE CENTRE**

Open 9.00 to 5.00
Mon to Sat
112 New Hall Street, Willenhall
Telephone: 0902 634567
A Full Range of Canoes &
Equipment for Beginner or
Expert Alike

**stan
cooper**

Canoes and Equipment
UNIT 9, BALA INDUSTRIAL ESTATE
BALA GWYNEDD WALES

All Leading Makes
of Canoes &
Accessories Available

WAVEFORM

64 Millgate, Newark, Notts.
Telephone: 0636 700362
Open 9.00 to 5.00 Mon to Sat
Most Makes of Canoe &
Accessory Available

WYE KAYAKS

31 East Street, Hereford
Telephone: 0432 265453

Open 9.00-5.30 Mon to Sat

Huge Stocks of Canoes,
Kayaks, Outdoor Equipment
& Accessories. Expert Staff

**WHITewater
SPORTS**

Open 9.30-5.30
Mon to Sat
Shepperton Marina, Felix Lane,
Shepperton, Middlesex
Telephone: 0932 247978/ 225988
Large Range of Canoeing,
Windsurfing & Outdoor Pursuit
Equipment.
Canoe Tuition & Full Demo
Facilities on our Private Lake.

WAVESPORTS

5 Tudor Court, Harold Court Rd.
Harold Wood, Romford, Essex.
Telephone: 04023 73371

Open 9.30 to 5.30 Mon to Sat
(Closed Tues)

Full Range of Canoes &
Equipment from the Shop or
our Van at most Slaloms



Results

“A Day at the Slalom”

HOLME PIERREPONT - DIV 1 - 4/5 OCT 1986

Blessed with fine weather — the fourth weekend in a row after it was opened - the first Div 1 event to be held at Holme Pierrepont was a great success.

Staffs and Stone organisation was up to its usual high level (with the exception of almost total lack of refreshments for judges!) and we had the bonus of Richard Fox to present the prizes which was greatly appreciated by the many young paddlers who were there. The prizes included some splendid item of glassware and there was a good crowd to see them presented.

A testing and interesting course designed by Messers Fox and Gladwin brought out the best in the competitors and some interesting results which found 10 youth or junior paddlers in the top 12 places in K1 and C1 a good sign for the future? It was also most heartening to see such a high release on the course with the Trent in drought conditions.

The fine weather brought out quite a crowd of locals to find out what was going on, on Saturday, and even larger crowds on Sunday as the word got round that there was “at last something worth seeing down at Holme Pierrepont”.

Other comments overheard were “How soon can I start Mum?” and “...interesting isn't it? I'll tell Auntie Ada, she'd like to come down on a Sunday afternoon and see it”.

But now we've got the public interested, we must hang on to them and that means

BETTER PUBLICITY

both before and during the event.

There was no apparent information available for the public at this event and competitors, parents and friends were left to do the P.R. work in response to the many questions.

However, none of this detracted from what was, overall, a splendid and enjoyable event - keep it up Staff and Stone.

RESULTS

K1 MEN

- | | |
|----------------|-------------|
| 1. A. Fuller | Banbury (Y) |
| 2. M. Bayles | Viking (Y) |
| 3. M. Stephens | Indep (J) |
| 4. P. Astles | Rothay (Y) |

K1 LADIES

- | | |
|---------------|------------------|
| 1. J. Badillo | Hammersmith (Y) |
| 2. L. Simpson | Hull (J) |
| 3. R. Fox | St. Albans (Y) |
| 4. M. Francis | Staff. Stone (Y) |

C.1.

1. M. York
2. M. Wharton
3. S. Warden
4. A. Clough

Chester
Ribble (J)
Bath Univ.
Mansfield (J)

C.2.

1. Walling/Walling Whitmore
2. Clough/Clough
3. Berrisford/McConkey

Cambridge Univ.
Staff & Stone

SOWERBY BRIDGE - DIV. 3

Despite total lack of rain for 6 weeks before the event, the Saturday showed signs of forthcoming rain.

Fortunately our river bed is useable under low water conditions, so practice and teams on Saturday were quite predictable.

We have flood lighting on most of the course now, but due to a Pop Concert in our Mills complex, we had to vacate the course by 6.30. It started raining.

Sunday, we had more water, and a programmed late start, so most managed several practice runs. By mid point we had a steadily rising river.

Our judge point 1 was transferred from the weir end, which by then was starting to cover when boats passed, up to the road bridge overlooking the gates.

Second runs started and somehow the river stabilised for the event. Then it came up for the Judges event — Quite good! The water was certainly used to demonstrate how to get gates.

The advantage of our Club H.Q. is the prize distribution could be held under cover.

We are working on improvements to the course and banks. Hopefully, at our next Div. 3 event, the area will look a bit different. Come and see.

RESULTS

Div. 3 K1M

1. N. Redshaw
2. S. Jenkins
3. C. Bristow

Div. 3 K1L

1. L. Barker
2. S. Neal
3. B. Howbridge

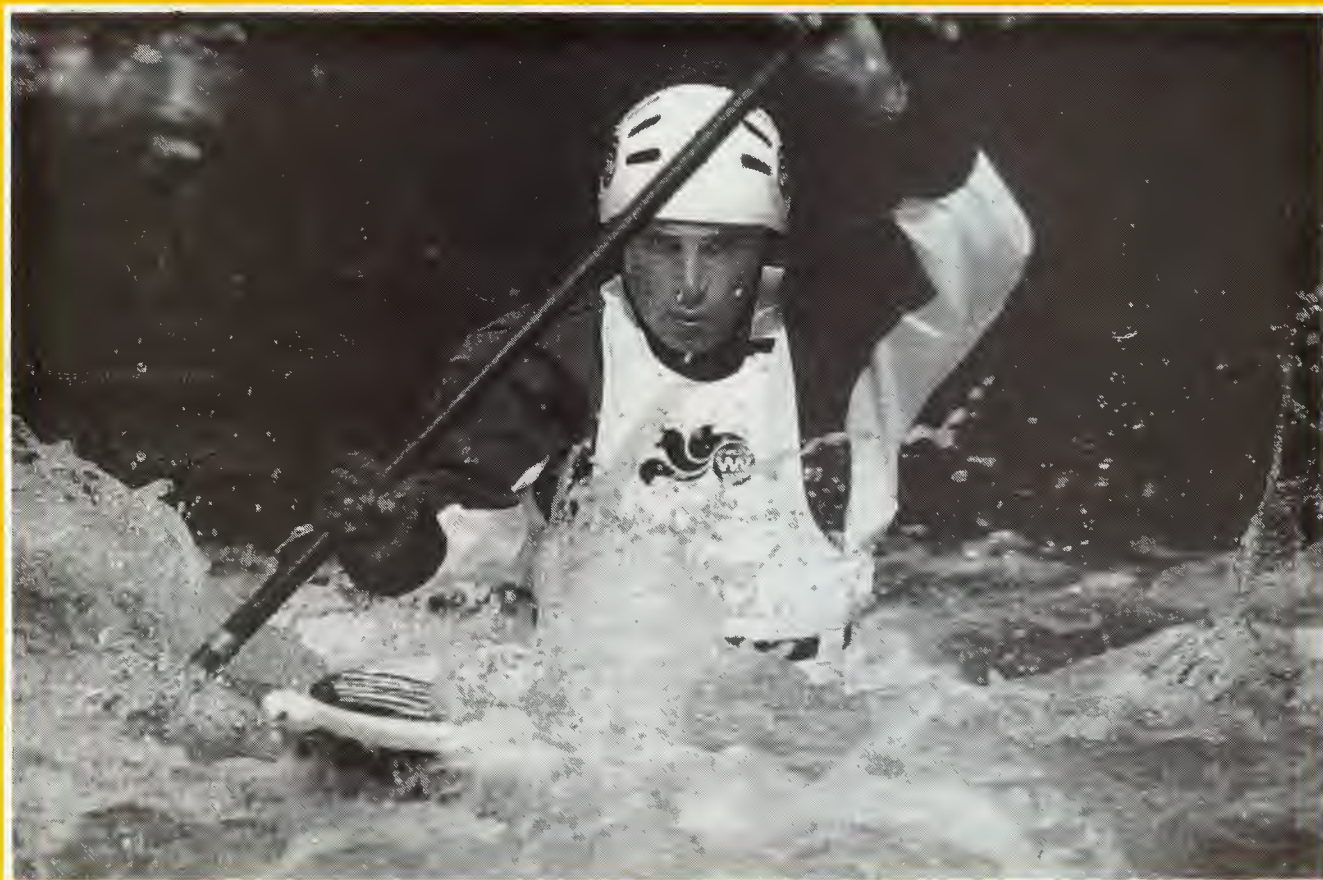
Div. 3 C1

1. S. Block

Div. 3 C2

1. Simpson/Randing

The Name of The Game



R. Fox World Champion.



The Mill, Glasshouses,
Pateley Bridge, Harrogate,
North Yorkshire, HG3 5QH
England. Tel: (0423) 711624
Telex: 57986 WILWA G

Wild-Water, Britain's leading manufacturer & supplier of the finest canoeing equipment!